

GOOD NEWS

for SABDEN

JUNE 2024



INFORMATION PAGE ...

SABDEN PARISH COUNCIL

www.sabdenparish.org.uk

CLERK: Mrs A M Whitwell 01282 779376 clerk@sabdenparish.org.uk

COUNCILLORS:

Chairman: Karen Buckley, 07805049144.

Susan Clarke, 01282 680002

Christine Eaves, 07850 498280

Kay Galea, 07753 214225

Ian Jackson, 01282 774398

Claire Clapham - 07802 812479

Mark Dawson - 07702 562329

Kerry Fielding - 07860 349532

Ribble Valley Borough Councillor: Richard Newmark, 07958 360893,
cllr.newmark@ribblevalley.gov.uk

Lancashire County Councillor: Ged Mirfin, 07841 729146, gerald.mirfin@lancashire.gov.uk

DOCTORS' SURGERY OPENING HOURS

*Monday to Friday 8am
to 6pm*

*Closed for lunch 12-
30—1-30pm (except
Wednesday 12-15 to 1-
15pm)*

Tel: 01254 919888



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POWER CUTS

In the event of a
power cut call
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THANK YOU FOR VOLUNTEERING

Thank you to all those who answered our call to join our team who deliver this newsletter to every home in the parish each month.

If you already deliver the Good News but are going on holiday or experiencing difficulty in making your deliveries on time, please let us know.

You can call Margaret Parsons on 07715 666866 or 778652.

Thank you.



Sabden — A little piece of Heaven on earth

How do you entertain an American teenager? Especially one that you have never met before and one on his first visit to England!

This was my recent dilemma and I could not decide who would be the more apprehensive, him having to put up with this strange old man with an even stranger accent. Or me having to revisit the teenage book of translation to see which grunt meant yes and which grunt meant no!



I need not have worried. Carlton was a joy and proved to be a blessing for myself. Choice I thought, at least if he has chosen then it cannot all be my fault. So I offered what I thought would be the American staple of bowling or the cinema and being a Saturday I even suggested some football, sorry soccer, and to my surprise he uttered words rarely heard from a teenager -could we go for a walk? As he apparently just loved the green of England and the cool air!

So we set off along the Ribble for his first real taste of Lancashire. He was genuinely intoxicated by the beauty that lay in front of him, peppering me with questions about the river, the fields, the trees, even the birdsong to such an extent that I began to see this stretch of the Ribble through his eyes. The wonder of creation that was rolled out in front of us, a wonder that I had taken for granted and I am embarrassed to admit one that had I had become a little blasé about.

Somebody once said that in the natural world God's presence runs like an electrical current, visible in flashes. Well, through the eyes of Carlton, I was getting a jump start! And as the poet Gerard Manley Hopkins beautifully tells us

*"The word is charged with the grandeur of God
It will flame out like shining from shook foil"*

I was being shown just how creation is inseparable from the creator, or to put it another way, all things in God and God in all things.

And I was called to remember Fr Morris, our old parish priest, who used to describe Sabden as a little piece of heaven on earth.

So in a fit of mid-summer madness I invite you to take a holy pause to thank God for this beautiful valley, to see nature as a magnificent book in which God speaks to us and grants us a glimpse of his infinite beauty.

Regards, Deacon Damian Buggie of St Mary's RC Church

*And may the wind be always at your back. May the sun shine warm upon your face;
the rains fall soft upon your fields and until we meet again, may God hold you in
the hollow of his hand*



SABDEN CHURCHES

St Nicholas's CE Parish Church, Wesley

St.

Sundays: 10am Holy Communion and Sunday School. Family Service first Sunday in the month. Contact: The Rev. J. Carmyllie 01254 823249. Churchwardens Eileen Dyson 01282 771488 and Anita Gould 073781 06584.

St Mary's RC Church, Whalley Road

Sundays: 11am Mass with Canon Paul Brindle and Deacon Damian Buggie. Coffee & biscuits in the hall after most Masses.

Contact: Canon Brindle, 01200 423307. Community Hall bookings: M. Parsons 01282 778652 / 07715 666866.

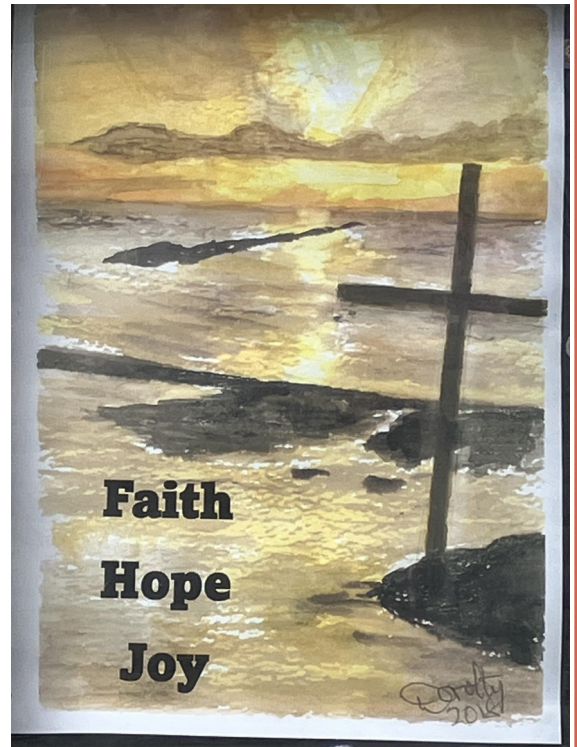
Sabden Baptist Church, Clitheroe Road

Sunday 10-30am with Communion every 1st Sunday; Guest preacher 2nd Sunday; Scripture service 3rd Sunday.

Tuesday: 10-30am to noon Care & Share with a cuppa and a chat.

Wednesday: 7-30—8-30pm Bible Study.

Thursdays: 7-9pm Music & Singing Group. Contact: sabdenbaptist@outlook.org or 07894 982310.



Contributions welcome

Good News for Sabden magazine is published by Churches Together in Sabden, to bring you news from church and community life.

Contributions are always welcome, so please send your news and pictures to the editor, Margaret Parsons, at margmaryparsons@gmail.com by the 14th of each month, or leave at 1 Pendle-side Close.



Sabden Ladies' Group

All are welcome to the monthly meetings of Sabden Ladies' Group, on the third Wednesday of each month in the Pendle Room in St Nicholas's Church at 7-15pm.

May's speaker was Jean Vincent of Littlemoor House who spoke about "Potting for Pleasure" about her life working with plants, largely when she and her late husband Jim ran Vincent's Nurseries in Burnley.

In a lighthearted talk Jean gave amusing anecdotes about leaving school to go to Horticultural College and being the only girl in a class of 40 young men, in the days when it was unthinkable for women to work in horticulture.

She spoke about quirky customers and strange requests received at the nursery over the years, and how they often supplied greenery for a TV company filming around Burnley, once having to find more than 100 Christmas trees in the middle of summer!

She gave lots of useful tips for amateur gardeners about potting out and making hanging baskets. She was thanked for a really entertaining talk by the chairman, Mrs Sylvia Davies.

The June 19th meeting sees Karla talk about a charity helping people suffering from neuropathic face pain, through the Facial Pain Research Foundation. Some of the crafts they make to help the charity—at Child of Athena Craft—will be on sale. Men are welcome.

WEEKLY ACTIVITIES

MONDAYS: 10-15am to 12-15pm: Knit, Stitch & Natter, everyone welcome at St Mary's Hall. £1.

6-15pm: Fitball for ladies and girls, St Nicholas's Hall. Details from Adam via Facebook <https://m.facebook.com/groups/918079016169389/?ref=share>

7-30pm: Badminton for over 16s, St Nicholas's Hall. £3.50 a session.

TUESDAYS: 10-30 to 11-30am: Exercise for the Over 50s. St Mary's Hall. £3.50.

5—6pm: One Voice drama & musical theatre group Comets for younger children, St Mary's Hall. Details from Annie on 07710 248458.

6-15 to 7-15pm: Sabden Community Choir, come along and sing, open to all. St Mary's Hall, £4 a session.

6 to 7-30pm: Sabden Brownies (girls aged 7 -10) St Nicholas's Hall. Call Sue on 079041 88647 or email sabden.brownies@gmail.com.

7-15 to 9-15pm on 2nd & 4th Tuesdays: Come and play Scrabble, St Mary's Hall top room. £1 including tea & biscuits. All welcome.

WEDNESDAYS: 9 to 11am: Baby and Toddler Group for pre-school children & parents/carers, St Mary's Hall. Term time only.

10 to 11am: Tai Chi, St Nicholas's Hall. Call Bill for details on 07720 375820.

5-30—6-30pm: Rainbows for girls aged 4—7, St Nicholas's Hall. Call Sue on 079041 88647 or email sabden.brownies@gmail.com.

6-30—7-30pm: One Voice Stars, drama & musical theatre group, St Mary's Hall. Call Annie on 07710 248458 for details.



Enjoying a cuppa at the Christian Aid Coffee Morning organized by Churches Together in Sabden are (from left to right) Pat Whitwell, Daryl Graham, Mo Onrust and Pauline Stansfield. They were among dozens of villagers who supported the popular annual event in St Mary's Hall which, at the time of going to press, had raised more than £785 for the charity. There was a raffle, tombola, and cakes, books and jigsaw stalls to browse and it was a lovely community event. Thank you to everyone for your support.

Tramper route has re-opened so hitch a ride

Good news: the Sabden Tramper 'figure-of-eight' route is now fully re-opened and restored after heavy rain damaged some parts and forced closure of a small section.

Good News, too, is that there are fabulous views of beautiful Sabden Valley along the tramper-way.

If you love being out in the fresh air, but struggle with mobility, then book the tramper. It's ideal too for families where generations can set off – walking, talking and tramper-riding. It isn't suitable for children and the 'driver' must be accompanied.

'Thank you' donations may be made in cash or online to Champion Bowland, the charity that maintains the tramper and awards grants to Forest of Bowland projects.

You can book the tramper via the Forest of Bowland website or the phone number below.

- Volunteers are welcome to join the tramper support team – and any commitment is based on when you're free. Full training is given. Call 07989 401595 if you'd like to help.





SABDEN'S SUMMER FOLKLORE FESTIVAL

30/08/2024

31/08/2024

01/09/2024

SAVE THE DATE

Art, Dance, Film
Performance, Music
Story Telling,
Activities, Games
Stalls,
Food & Beer,
Fancy Dress,
Scarecrow Trail
+ Much More!

Just dandy at this time of year!

Guess what took over when the bright yellow daffodils finished flowering along the farm road?

Nettles? Grass? Nope. Another bright yellow flowering plant beginning with the letter D. Yep. Dandelions. All the way along one side of the road. A magnificent display, it should be said. The best ever.



And there were thousands of them anywhere and everywhere. Is it my imagination, or have there really been more of the weed this Spring? One of our family, I'm sure, thinks so and isn't too happy about it either! We'll have to blame the wet mild winter for providing perfect growing conditions. Plus in Spring 2023, blame me as I stuck to No-Mow-May for as long as possible. Mowing round clumps of rabbits' (and, yes Dave P, guinea pigs') favourite food.

Anyhow – there's more to the humble, prolific dandelion than I realised. (Are you sitting comfortably? Then I'll begin...) The weed's name originates in France as Dent de lion (lion's teeth) as the jagged toothed leaves resemble the big cat's teeth in its jaw. The little flower is also a symbol of hope, healing and resilience worldwide – there are loads of different varieties in different countries. Dandelions also represent faithfulness and happiness. (Except when there are too many in the lawn...) And I wonder if anyone remembers when, during the Second World War when coffee was almost impossible to buy, the roasted and ground roots of dandelions were used instead!

That's enough of a school day. Let's go farming where all is slowly recovering from the sodden winter. Grass is growing at last, maybe later and slower than usual. Which means that there hasn't been the usual amount of grass for sheep and cattle, and arable farmers haven't been able to plant in waterlogged fields or have seen planted seeds drowned.

One forecast is there'll be a 10% drop in the UK's ability to feed itself. That isn't all down to the rain-soaked winter. Farmers' confidence in the merits of food production is being battered and sheer costs of farming is forcing them to cut back. It's time for everyone to shout out support for farmers. They're guardians of the countryside; carers and nurturers of their animals.

Enjoy the heights of Springtime.

The Farmer's Wife

Sophia & Harrison's pedal power raises £1,200

Sophia and Harrison Skellern set themselves a tough challenge when they decided to raise money for a children's charity, the Boparan Charitable Trust.

Eight-year-old Sophia (who was 7 when she undertook the challenge) and brother Harrison (5) wanted to raise money to help other children and when their mum Katie told them about the work the Boparan Trust do they jumped at the opportunity to support children in the UK who are disadvantaged by disability, living with life limiting conditions or in extreme poverty.

They decided that the challenge couldn't be easy or they wouldn't get many sponsorships. They thought cycling 10 miles would be tough but then decided to double it to 20 miles to really push themselves! They completed the cycle on April 20th in 3 ½ hours (including stops for lunch and treats) and worked really hard getting sponsors and managing to raise the grand total of £1,200.

They received a certificate for their hard work from the grateful charity, and also a headteacher's award at Sabden Primary School where the siblings attend. They are really proud of themselves and are already talking about their next challenge! Well done Sophia and Harrison.



Thank you for your kindness

Mrs Marion Mason would like to thank all her family, friends and neighbours at Littlemoor for all their help, support and kindness during her recent stay in hospital and recuperation at home. She is now feeling much better and says she has been overwhelmed by all the good wishes, cards and flowers she has received in recent weeks. Thank you all.

The family of the late Peter Wright would like to thank everyone who supported their recent charity draw which raised £1,062 for Marie Curie Nurses. Special thanks to Sabden Bowling Club for holding the memorial competition on May 11th, to friends who donated bottles for the hampers, and everyone who bought raffle and draw tickets.





St Nicholas' Church invites you to



The Crowning of the Rose Queen & Garden Party

Saturday

June **8** At 3pm

St Nicholas' Church
then
Sabden Village Hall



Free entry!



3pm Rose Queen Ceremony

3:45pm Garden Party

Everyone Welcome!



*Home made refreshments - Bouncy Castle
Raffle - Tombola & more*



SPORTING SCENE

Sabden Bowling Club's Charity fund-raiser success

The raffle at the bowling club's Peter Wright Memorial doubles competition raised a fantastic £1,062 for the Marie Curie Nurses charity.

Thank you everyone who supported it by donating prizes and buying raffle tickets. Thanks also to club president Margaret Parsons and family for the superb hamper raffle prizes they put together.

Crown green bowling was also a winner as there were close games and awesome bowling throughout the day-long event. Thirty-two pairs of bowlers came from far and wide – as well as from Sabden – to compete for the trophy and prize money. The winners – Stuart Hodson and Ray Bevington from Wigan (pictured here with some Sabden members) – retained the trophy they won last year.

The bowling season is well and truly underway now – thank you to neighbours of the green for being so understanding about visiting vehicles. New members are always welcome – even if you've never tried bowling before. Or, in the case of some members, are picking up crown green bowls for the first time in 30 years!

The next big competition at the green is the open mixed doubles on June 15th. As usual, there'll be plenty of refreshments, a BBQ, and a licensed bar has been applied for. So call in at the green – you're sure to see someone you know there.

PS – Save the Date...we're having a Village Bowling Day on July 13th. It will be a fun, family day for all ages when anyone can join in and try out bowling. ***And as always – all social events/competitions at the club are fully authorised and licensed by Ribble Valley Borough Council.***



Sabden Cricket Club

Home games are played at Read CC with a 6pm start and the team would be grateful for any support, home and away.

2024 LEAGUE FIXTURES

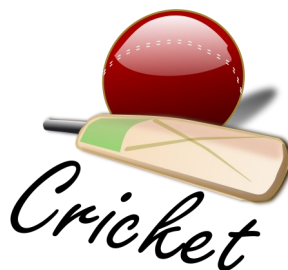
Thursday June 6th—Pendle Forest vs Sabden @ Pendle Forest

Thursday June 13th—Sabden vs Clitheroe CC @ Read CC

Thursday June 20th—Waddington vs Sabden @ Waddington

Thursday June 27th—Sabden vs Nelson @ Read CC

Thursday July 4th— Sabden vs Barrowford @ Read CC



Bowling Club's 80 Club May winners

£30 (No. 39) Marjorie Oldham.

£20 (61) J. Boocock.

£15 (22) Doreen Wright.

£15 (58) M. Parfitt.

£10 (8) Betty Clarkson.

DIARY DATES FOR THE SUMMER

SATURDAY JUNE 1st: 2—4pm Family Fun Bingo. Retiring Rose Queen Mia Edwardson's fund-raiser in St Nicholas's Village Hall.



6-30pm Crazy Bongo's Bingo for Rose Queen's effort, St Nicholas's Hall.

THURSDAY JUNE 6th: 7-15pm Sabden Parish Council monthly meeting, Pendle Room, St Nicholas's Church.

SATURDAY JUNE 8th: 3pm Garden Party & Crowning of new Rose Queen Ella Davies, St Nicholas's Church.

SATURDAY JUNE 15th: All day, Sabden Bowling Club Doubles Competition, open to all.

WEDNESDAY JUNE 19th: 7-15pm St Nicholas's Church. Ladies' Group, talk on neuropathic face pain, and crafts on sale.

SATURDAY JUNE 22nd: 3pm Summer Afternoon Social with Strawberries, Pimms & Canapes, St Nicholas's Hall. £10 admission.



SATURDAY JUNE 29th: Sabden Cricket Club charity bowling day at Sabden Bowling Club, for Milie's Smiles.

SATURDAY JULY 13th: Village Bowling Day, Sabden Bowling Club.

SATURDAY AUGUST 3rd: All day, Marjorie Atkinson Charity Open Doubles Bowling Competition for Macmillan Cancer Care, Sabden Bowling Club.

SATURDAY AUGUST 17th: 2pm Sabden Horticultural Society Annual Show, St Mary's Hall.

FRIDAY, SATURDAY & SUNDAY AUGUST 30th & 31st & September 1st: Sabden Summer Folklore Festival, organised by the Sabden Collective.

SATURDAY SEPTEMBER 28th: Knit & Natter Group's annual Macmillan Coffee Morning, St Mary's Hall.

Let's Live Life

Bringing activity to
SABDEN

St Mary's Hall, 10:30am every Tuesday

Classes are suitable for the inactive over 50's, those with health conditions of any age & the active over 60's.

Affordable fitness at **£3.50** per session

4th June - Strength & Conditioning
11th June - Mobility & Stretch
18th June - Low Impact Aerobics
25th June - Fun Fitness Class
2nd July - Strength & Cardio
9th July - Aerobics & Tone
16th July - Strength & Conditioning